



SAHELI Presents

Everybody **Zhumba**

- ❖ Learn Latin Zhumba Dance steps– the new fitness trend
- ❖ Join the Zhumba Dance Party and have a blast
- ❖ Get Fit, Enjoy, Make Friends
- ❖ Casual ,comfortable attire & shoes required

Burlington Public Library
22 Sears Street
Burlington, MA 01803

Convenient by bus Red
Line to
Alewife T Station
Plenty of Parking
Call Seema at 1-866-472-
4354 for information

3:00 to 4:30 pm
Saturday, April 11, 2009

Nancy Maedel is a certified Zhumba Instructor.

Free Beverages will be served.



SAHELI, Friendship for South Asian Women, offers free support group to the community. We do not discriminate on the basis of race, gender, age or ethnicity. The support group meets on third Wednesday of every month.

For further information about Saheli, please visit our website
www.saheliboston.org

P.O. Box 1345, Burlington MA 01803

Saheli is an affiliate of the India Association of Greater Boston